

## PATIENT INFORMATION LEAFLET

To access professional information for OBEL® Follicgro®, please visit [www.obellabs.co.za](http://www.obellabs.co.za)

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM): OBEL® Follicgro® (Capsules)

### **Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without a doctor's prescription, for you to alleviate a mild condition. Nevertheless, you still need to use it carefully to obtain the best results.

- Keep this leaflet. You may need to read it again.
- Do not share medication with any other person.
- Ask your pharmacist if you need more information or advice.
- You must consult a doctor should your condition worsen or does not improve.

### 1. COMPOSITION OF OBEL® Follicgro®:

Follicgro® is a sugar-free formulation. The active substances are:

Biotin 625 mcg, Beta-Carotene 2.25 mg, MSM (Methylsulfonylmethane) 23.75 mg, Pyridoxine (Vitamin B6) 2.5 mg, Apple Extract 97.75 mg, Zinc Gluconate 5.625 mg, Saw Palmetto Extract 200 mg, Nettle Extract 112.5 mg, Iron Amino Acid Chelate 2.5 mg, Vitamin E (Tocopherol Acetate) 62.5 mg, Niacin (vitamin B3) 8.75 mg, Chitosan-Lecithin Nanospheres (1:1) 68.75 mg. Inactive ingredients: Magnesium Stearate 12.5 mg, Gelatine capsule.

Supplement facts for EU, UK, CA and USA - % Daily Value (%DV) per daily serving: Chitosan-Lecithin nanospheres (1:1) \*%DV not established, Biotin %DV=2083%, Beta-Carotene %DV=46.87%, MSM (Methylsulfonylmethane) \*%DV not established, Pyridoxine (Vitamin B6) %DV=147%, Apple Extract %DV not established, Zinc Gluconate %DV=51%, Saw Palmetto Extract %DV not established, Nettle Extract %DV not established, Iron Amino Acid Chelate %DV=27.77%, Vitamin E (Tocopherol Acetate) %DV=416.66%, Niacin (vitamin B3) %DV=54.68%. Percent Daily Values (%DV) are for adults and are based on a 2,000-calorie reference diet. Your daily values may be higher or lower based on your individual needs. Serving for RDA purposes above is defined as one capsule taken daily.

### 2. INDICATIONS FOR OBEL® Follicgro®:

The Follicgro® formulation contains multiple herbal extracts and vitamins to promote the growth and quality of hair and nails whilst also improving skins appearance.

### 3. BEFORE YOU TAKE OBEL® Follicgro®

DO NOT TAKE OBEL® Follicgro®:

- If you are hypersensitive (allergic) to any of the ingredients listed.
- If you are pregnant, or breastfeeding

### 4. DIRECTIONS FOR USE OF OBEL® Follicgro®

Take one (1) capsule two times (2x) a day, with or without meals. You should consult your doctor or pharmacist if you are unsure. If you have the impression that the effect of Follicgro® is too strong or too weak, inform your doctor or pharmacist. It can take up to three months to see results. You may need to take Follicgro® for as long as its effects are desired.

If you take more Follicgro® than suggested, you should consult your doctor or pharmacist.

If you forget to take, or miss a dose of Follicgro®, do not take a double dose to make up for the missed dose. Carry on with the treatment as usual. This product is not recommended for children under the age of 12.

#### 5. POSSIBLE SIDE EFFECTS

None known. Follicgro® may have side effects. If any unwanted effects occur, discontinue use immediately and consult your doctor or pharmacist

#### 6. SPECIAL PRECAUTIONS/ WARNING

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

#### 7. STORING OF OBEL® Follicgro®

Store in a cool, dry place (below 30°C).  
Store out of reach of children.

#### 8. PRESENTATION OF OBEL® Follicgro®

60 capsules within a white plastic container, with a blue lid, closed with a tamper-evident seal.

#### 9. IDENTIFICATION OF OBEL® Follicgro®

Clear capsules containing a light brown herbal powder.

#### 10. REGISTRATION NUMBER

422298 D 33.7 Combination Product. Complementary Medicine.

#### 11. NAME AND BUSINESS ADDRESS OF THE PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION:

Microbel Laboratories (Pty) Ltd, 86 Gazelle Ave, Corporate Park South, Old Pretoria Main Road, Midrand, Gauteng, 1685.

#### 12. DATE OF PUBLICATION

To be allocated by council

### **VERBRUIKERS-INLIGTINGSBLAADJIE**

Vir toegang tot professionele inligting aangaande OBEL® Follicgro®, besoek gerus [www.obellabs.co.za](http://www.obellabs.co.za)

SKEDULERINGSSTATUS: S0

HANDELSNAAM (EN DOSEERVORM): OBEL® Follicgro® (Kapsules)

**Lees hierdie blaadjie sorgvuldig vir belangrike inligting**

Hierdie medisyne is sonder 'n doktersvoorskrif beskikbaar vir die verligting van 'n geringe toestand. Die medikasie moet noukeurig gebruik word vir die beste resultate.

- Bewaar hierdie pamflet, aangesien inligting later dalk benodig word.
- Moenie hierdie medikasie deel met enigiemand nie
- Raadpleeg u apteker indien u meer inligting, of advies benodig.
- U moet 'n dokter raadpleeg indien u toestand vererger, of nie verbeter nie.

#### 1. SAMESTELLING VAN OBEL® Follicgro®:

Biotien 625 mcg, Beta-karoteen 2.25 mg, MSM (Metielsulfoniemetaan) 23.75 mg, Piridoksien (Vitamiën B6) 2.5 mg, Appelekstrak 97.75 mg, Sinkglukonaat 5.625 mg, 'Saw Palmetto'-ekstrak 200 mg, Brandnetel Uittreksel 112.5 mg, Yster-aminosuurchelaat 2.5 mg, Vitamiën E (Tocoferol-asetaat) 62.5 mg, Niasien (Vitamiën B3) 8.75 mg, Chitosan-Lesitien-nanosfere (1: 1) 68.75 mg.

Onaktiewe bestanddele: Magnesiumstearaat 12.5 mg, Gelatienkapsules.

#### 2. INDIKASIE VIR DIE GEBRUIK VAN OBEL® Follicgro®

Follicgro® bevat veelvuldige kruie-ekstrakte en vitamiene om die groei, en kwaliteit van hare en naels te bevorder, terwyl die voorkoms van die vel ook verbeter word.

#### 3. VOORDAT U OBEL® Follicgro® gebruik

MOENIE OBEL® Follicgro® GEBRUIK INDIEN:

- U allergies is vir enige bogenoemde bestanddele nie
- U swanger is, of wil borsvoed nie

#### 4. DOSIS EN GEBRUIKSAANWYSINGS VIR DIE GEBRUIK VAN OBEL® Follicgro®:

Neem een (1) kapsule, twee keer (2x) per dag, met of sonder etes. Enige onsekerheid moet met 'n dokter of apteker uitgeklaar word. Indien u voel dat die effek van Obel® Follicgro® te sterk of swak is, raadpleeg u dokter of apteker. Resultate kan to drie maande neem. Obel® Follicgro® kan gebruik word vir die volle tydperk wat die effek verlang word.

Indien die aanbevole dosis oorskry word, moet u 'n dokter of apteker raadpleeg.

Indien 'n dosis OBEL® Follicgro oorgeslaan is, moet die medikasie soos normaal geneem word (geen dubbeldosis nie). Hierdie produk word nie aanbeveel vir kinders jonger as 12 jaar nie.

#### 5. MOONTLIKE NEWE-EFFEKTE

Onbekend. Indien enige ongewenste effekte voorkom, staak gebruik onmiddellik en raadpleeg u dokter of apteker.

#### 6. SPESIALE VOORSORGMAATREËLS

Hierdie medikasie is ongeregistreerd, en is dus nie deur SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie.

Hierdie medikasie is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

#### 7. BERGINGSANWYSINGS VAN OBEL® Follicgro®:

Bewaar in 'n koel, droë plek (onder 30°C).

Bewaar buite bereik van kinders.

8. AANBIEDING VAN OBEL® Follicgro®

60 kapsules in 'n wit plastiekhouer, met 'n blou deksel, gesluit met 'n peuterverklapseël.

9. IDENTIFIKASIE VAN OBEL® Follicgro®

Deursigtige kapsules wat 'n ligte bruin kruie-poeier bevat.

10. REGISTRASIENOMMER

422298 D 33.7 Kombinasieproduk - Aanvullende Geneeskunde.

11. NAAM EN BESIGHEIDSADRES VAN DIE VOORGESTELDE HOUER VAN DIE  
SERTIFIKAAT VAN REGISTRASIE

Microbel Laboratories (Edms) Bpk, Gazellelaan 86, Korporatiewepark-Suid, Ou Pretoria  
Hoofweg, Midrand, Gauteng, 1685.

12. DATUM VAN PUBLIKASIE

Sal deur die Raad toegeken word tydens registrasie