

## PROFESSIONAL INFORMATION

*Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.*

### SCHEDULING STATUS

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#### 1. NAME OF THE MEDICINE

Obel Activated Charcoal capsules

#### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients: 620 mg Activated charcoal per capsule.

#### 3. PHARMACEUTICAL FORM

Obel Activated Charcoal capsules are clear hard capsules containing black powder.

#### 4. CLINICAL PARTICULARS

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##### 4.1. Therapeutic Indications

Obel Activated Charcoal capsules are used for digestive support. It also contributes to reducing excessive flatulence after eating. This product may be used by adults aged 18 years and over. Our activated charcoal is derived from coconut, making it vegan-friendly.

##### 4.2. Posology and method of administration

###### Posology

**Adults:**

Reducing excessive flatulence: Take 2 capsules 30 minutes before and after a meal.

Digestion support: Take 1 capsule per day.

**Method of administration**

**Obel Activated Charcoal capsules** should be taken orally.

**4.3. Contraindications**

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

**4.4. Special warnings and precautions for use**

Obel Activated Charcoal capsules must not be used if hypersensitive (allergic) to any ingredients. Obel Activated Charcoal Capsules are for ingestion only. Products containing activated charcoal should be used with caution in children or individuals with malabsorption conditions since it may interfere with absorption of nutrients.

**4.5. Interaction with other medicines and other forms of interaction**

Activated charcoal may interact with other medicines. Activated charcoal is not recommended for long-term use. If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older. Obel Activated Charcoal capsules are not known to react badly with any types of food or drink.

**4.6. Fertility, pregnancy and lactation**

Obel Activated Charcoal capsules should not be used during pregnancy and a healthcare provider should be consulted for advice prior to taking Obel Activated Charcoal capsules when breastfeeding.

#### **4.7. Effects on ability to drive and use machines.**

No effects on the ability to drive and use machines has been reported.

#### **4.8. Undesirable effects**

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

#### **4.9. Overdose**

If you take more Obel Activated Charcoal Capsules than you should:

If anyone, especially a child, accidentally takes too much Obel Activated Charcoal Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

### **5. PHARMACOLOGICAL PROPERTIES**

#### **5.1. Pharmacodynamic properties**

33.6 Western Herbal Medicine. Obel Activated Charcoal capsules are used for digestive support.

#### **5.2. Pharmacokinetic properties**

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

#### **5.3. Preclinical safety data**

There is no preclinical safety data available on the active ingredients via the route of administration described.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1. List of excipients**

Inactive ingredients: magnesium stearate.

### **6.2. Incompatibilities:** None

### **6.3. Shelf life**

2 years

### **6.4. Special precautions for storage**

Store below 30 °C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

### **6.5. Nature and contents of container**

Obel Activated Charcoal Capsules is a clear capsule with black powder in a white HDPE tamper-evident container, containing 60 capsules.

#### **Special precautions for disposal**

No special requirements.

## **7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION**

### **Galileo Labs Ltd.**

5630 Venice Blvd #1119, LA, CA 90019.

3rd Floor, 14505 Bannister Road SE,

Calgary, AB, T2X 3J3.

### **Name and Address of Holder of Certificate of Registration**

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

**8. REGISTRATION NUMBER(S)**

Application Number: TBC by SAHPRA

**9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

TBA by SAHPRA. Date of Revision: April 2025