

PROFESSIONAL INFORMATION

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

SCHEDULING STATUS

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1. NAME OF THE MEDICINE

Obel Daily Multivitamin capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients per capsule: Vitamin A (495 mcg), Vitamin B1 (1.2 mg), B2 (1.3 mg), B3 (16 mg), B5 (5 mg), B6 (1.7 mg), B7 (30 mcg), B9 (240 DFE), B12 (2.4 mcg), C (90 mg), D (8 mg), E (15 mg), K2 (120 mcg), Zinc (11 mg), Iron (8 mg), Ashwagandha (465 mg), Seaweed Extract (25 mg)..

3. PHARMACEUTICAL FORM

Obel Daily Multivitamin capsules are hard gel capsules containing off-white powder.

4. CLINICAL PARTICULARS

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4.1. Therapeutic Indications

Obel Daily Multivitamin capsules are used for supplementation.

4.2. Posology and method of administration

Posology

Adults: The usual dose is 1 capsule daily.

Method of administration

Obel Daily Multivitamin capsules should be taken once a day with or without food.

4.3. Contraindications

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

4.4. Special warnings and precautions for use

Obel Daily Multivitamin capsules must not be used if hypersensitive (allergic) to any ingredients.

4.5. Interaction with other medicines and other forms of interaction

If you are taking prescription medication, consult a healthcare practitioner prior to use. Obel Daily Multivitamin capsules are not known to react badly with any types medicines, or food or drink.

4.6. Fertility, pregnancy and lactation

Obel Daily Multivitamin capsules should not be used during pregnancy and a healthcare provider should be consulted for advice prior to taking Obel Daily Multivitamin capsules when breastfeeding.

4.7. Effects on ability to drive and use machines.

No effects on the ability to drive and use machines has been reported.

4.8. Undesirable effects

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

4.9. Overdose

If you take more Obel Daily Multivitamin Capsules than you should:

If anyone, especially a child, accidentally takes too much Obel Daily Multivitamin Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic properties

33.7 Combination medicine. Obel Daily Multivitamin capsules contains substances to supplement the diet.

5.2. Pharmacokinetic properties

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

5.3. Preclinical safety data

There is no preclinical safety data available on the active ingredients via the route of administration described.

6. PHARMACEUTICAL PARTICULARS

6.1. List of excipients

Inactive ingredients: magnesium stearate.

6.2. Incompatibilities: None

6.3. Shelf life

2 years

6.4. Special precautions for storage

Store below 30 °C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

6.5. Nature and contents of container

Obel Daily Multivitamin Capsules is a clear capsule with off-white powder in a white HDPE tamper-evident container, containing 60 veggie-capsules.

Special precautions for disposal

No special requirements.

7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION

Galileo Labs Ltd.

5630 Venice Blvd #1119, LA, CA 90019.

3rd Floor, 14505 Bannister Road SE,

Calgary, AB, T2X 3J3.

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRATION NUMBER(S)

Application Number: TBC by SAHPRA

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

TBA by SAHPRA. Date of Revision: April 2025